

“True is that place, where the mind becomes pure.” (SGGS ji, Ang 158)

Certain establishments or areas attract bad influences or are more prone to crime. These should be avoided as much as possible, and instead, you should seek out places where these risks aren't present. This choice decreases the likelihood of you or someone you love becoming a victim.



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Preventing Victimization



Safety Made Simple: The 3 Cs Framework

Staying safe starts with smart choices. If you're new to risk management, you may not know where to begin. A practical first step is to adopt a simple yet proven framework called the 3 Cs safety framework.



The 3 Cs

Based on Farham's Law, the 3 Cs principle, when followed, reduces your risk of becoming a victim of crime. Before leaving home, ask yourself, "**Do any of the following 3 Cs apply to my situation?**" If so, consider alternative options to avoid potential risks and ensure your safety.

By avoiding the 3 Cs in your daily life, you make it harder for trouble to find you.



01 Challenging Times

"They take the noose in their hands, and go out at night to strangle others, but the Creator knows everything, O mortal." (SGGS ji, Ang 315)

Crime rates can spike at certain times of day, like late at night, or during specific periods of the year. Beyond hours, events such as severe weather or local civil unrest can also make travel unsafe. Plan the timing of your trips wisely to stay secure.



Challenging People

"They do not know the value of the Divine's Praises and Satan is always with them." (SGGS ji, Ang 790)

An old saying reminds us that trouble often follows those who struggle to control their vices, such as anger, ego, lust, greed, or attachment. By surrounding ourselves with positive influences and avoiding harmful ones, we create a protective barrier against trouble, fostering a safer and more supportive community.